

SPECIAL USE AIRSPACE CROSSING SERVICE (SUACS) AND SPECIAL USE AIRSPACE ACTIVITY INFORMATION SERVICE (SUAASIS)			
Identification & Name	Hours of activity (LOCAL)	Limits FT ALT	SUACS/SUAASIS (* = and as activated by NOTAM)
D001 Trevoise Head.....	Mon-Thu 0800-2359; Fri 0800-1800	SFC-1000	SUACS: Culdrose APP 134.050. SUAASIS : London Information 124.750. Pre-flight info from Culdrose Ops 01326 552415.
D003/004 Plymouth.....	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-55000	SUACS: Plymouth Military 121.250. SUAACS/SUAASIS: London Information 124.750. Pre-flight info from Plymouth Ops 01752 557550.
D005A Predannack/.....	Activated by NOTAM	SFC-8000	SUACS: Culdrose APP 134.050, SUAASIS : Swanwick Mil via London Info on 124.750.
D005B Predannack Corridor	Activated by NOTAM	SFC-8000	Pre-flight info from Culdrose Ops 01326 552201.
D006A Falmouth Bay.....	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-2200	SUACS: Plymouth Military 121.250, SUAASIS : London Information 124.750.
D006B/C Falmouth Bay.....	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-8000	Pre-flight info from Culdrose Ops 01326 552201.
D007A/007B Fowey.....	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-22000	SUACS: Plymouth Military 121.250, SUAACS/SUAASIS: London Information 124.750.
D007C Fowey Inner.....	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-2000	Pre-flight info from Plymouth Ops 01752 557550.
D008A Plymouth.....	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-22000	SUACS/SUAASIS/Pre-flight: As for D007A. SUACS: Plymouth Military 121.250. SUAACS/SUAASIS: London Information 124.750.
D008B/008C Plymouth.....	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-55000	Pre-flight info from Plymouth Ops 01752 557550.
D009A Wembury.....	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-55000	SUACS/SUAASIS/Pre-flight: As for D008A. SUACS: Plymouth Military 121.250, SUAACS/SUAASIS: London Information 124.750.
D009B Wembury.....	Activated by NOTAM.	SFC-22000	Pre-flight info from Plymouth Ops 01752 557550.
D011A Okehampton.....	Activated by NOTAM.	SFC-10000	SUACS/SUAASIS/Pre-flight: As for D009A. SUAASIS: London Information 124.750.
D011B Willsworthy.....	Activated by NOTAM.	OCNL 24100	Pre-flight info from 01837 657210.
D011C Merrivale.....	Activated by NOTAM.	SFC-4500	SUAASIS/Pre-flight/OCNL Alt: As for D011A.
		SFC-10000	SUAASIS/Pre-flight/OCNL Alt: As for D011A.

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D012 Lyme Bay North	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-18000 OCNL 25000	SUACS: Plymouth Military 124.150, SUAAIS: London Information 124.750. Pre-flight info from FOST Ops 01752 557550.
D013 Lyme Bay	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-55000	SUACS/SUAAIS/Pre-flight: As for D012.
D014 Portland	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-5000 OCNL 15000	SUACS/SUAAIS/Pre-flight: As for D012.
D015 Bovington	Activated by NOTAM	SFC-3600	SUAAIS: London Info 124.750. Pre-flight info from 01929 403765.
D017/023 Portland	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-22000 OCNL 55000	SUACS: Plymouth Military 124.150, SUAAIS: London Information 124.750.
D021 Portland	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-15000	Pre-flight info from FOST Ops 01752 557550.
D026 Lulworth	Mon-Thu 0800-2359; Fri 0800-1600 *	SFC-15000 OCNL 20000	SUACS/SUAAIS/Pre-flight: As for D017. SUAAIS Plymouth Military 124.150 SUAAIS London Information 124.750.
D031 Portland	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-15000	Booking: FOST Eastern Area Mgr 01752 557552.
D036 Portsmouth	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-10000 OCNL 55000	SUACS/SUAAIS/Pre-flight: As for D017. SUACS: Plymouth Military 124.150 when open, O/T Swanick Mil on London Info 124.750 or 124.600 or through Southampton or Jersey ATSUs.
D037 Portsmouth	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-10000 OCNL 55000	Pre-flight info from FOST Ops 01752 557550. SUACS: Plymouth Military 124.150 , London Information 124.750, SUAAIS: London Info 124.750 or 124.600.
D038/039 Portsmouth	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-10000 OCNL 55000	Pre-flight info from 01752 557550. SUACS/SUAAIS/Pre-flight: As for D037.
D040 Portsmouth	Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-10000 OCNL 55000	SUACS/SUAAIS/Pre-flight: As for D037.
D044 Lydd Ranges	H24	SFC-4000	SUAAIS: Lydd APP 120.705, London Information 124.600. Pre-flight info from 01303 225503.

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D061 Woodbury Common	Activated by NOTAM	SFC-1500	SUAAIS: Exeter APP 128.980. London Information 124.750.
D064A/B/C South West MDA	Activated by NOTAM	10000-FL660 OCNL 5000-	Pre-flight info from 01395 272972. SUAAIS: London Information 124.750.
D110 Braunton Burrows	Activated by NOTAM	FL660 SFC-2000	Pre-flight info from CRC Boulmer, 01665 572312. Booking: Military Airspace Booking: 01489 612495. SUAAIS: London Information 124.750.
D113A Castle Martin	Activated by NOTAM	SFC-40000	Pre-flight info from 01395 272972. SUAAIS: London Information 124.750.
D113B Castle Martin	Activated by NOTAM	SFC-45000	Pre-flight info from 01646 662496. SUAAIS/Pre-flight: As for D113A.
D115A Manorbier	Activated by NOTAM	SFC-27000	SUAAIS: London Information 124.750.
D115B Manorbier	Activated by NOTAM	SFC-50000	Pre-flight/Booking info from 01834 871282. SUAAIS/Pre-flight: As for D115A.
D117 Pendine	Activated by NOTAM	SFC-23000 OCNL 27000	SUAAIS: London Information 124.750.
D118 Pembrey	Mon-Thu 0900-1600; Fri 0900-1400 *	SFC-12000 OCNL 23000	Pre-flight info from 01994 452240. SUACS/SUAAIS: Pembrey Range 122.750. London Information 124.750.
D119 Bridgewater Bay	Activated by NOTAM	SFC-5000	Pre-flight/Booking info from 01554 892205. Ensure crossing clearance to Pembrey AWR. SUAAIS: Yeovilton APP 127.350, London Information 124.750.
D120 Boscombe Down	Activated by NOTAM	SFC-2500	Pre-flight/Booking info from 01935 455497, Range Tower when manned 01278 741337. SUACS/SUAAIS: Boscombe Zone 126.700.
D122A/B/C Wessex West	Activated by NOTAM	FL80-FL160	Pre-flight info from Boscombe ATC, 01980 663246. SUACS/SUAAIS/Pre-flight: As for D120.
D123 Imber	H24	SFC-23000 OCNL 50000	SUACS: Boscombe Down ATC on 126.700, SUAAIS via London Information on 124.750, or Tel: 01980 674739. Pre-flight info from Salisbury Ops 01980 674710 or 674730.
D124 Lavington	Activated by NOTAM	SFC-UNL	SUACS/SUAAIS: As for D123. Pre-flight/Booking info from 01980 674710.

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D125 Larkhill.....	H24.....	SFC-23000 OCNL 50000	SUACS/SUAAIS/Pre Flight: As for D123.
D126 Bulford.....	H24.....	SFC-1400 OCNL FL90	SUACS: Boscombe Down ATC on 126.700, SUAAIS via London Information on 124.750, or Tel: 01980-674739. Pre-flight info from Salisbury Ops 01980 674710/674730 or Boscombe ATC 01980 663246.
D127 Porton	H24.....	SFC-12000	SUACS/SUAAIS: Boscombe Down Zone 126.700, London Information 124.750.
D128 Everleigh.....	H24.....	SFC-1400 OCNL 50000	Pre-flight info from Boscombe ATC 01980 663246. SUACS/SUAAIS/Pre Flight: As for D123.
D129 Weston-on-the-Green Mon-Fri SR-SS *		SFC-FL120	SUAAIS: Brize Zone 119.000. SUACS: Oxford APP 125.090.
D130 Longmoor.....	H24.....	SFC-1800 OCNL 2300	Pre-flight/Booking info from Brize 01993 895147. SUAAIS: Farnborough Radar 133.440, London Information 124.600.
D132 Ash Ranges.....	Activated by NOTAM	SFC-2500	Pre-flight/Booking info 01420 483405. SUAAIS: Farnborough Radar 133.440, London Information 124.600.
D133A Pirbright.....	0800-2359 *	SFC-1200	Pre-flight/Booking info 01483 798304.
D133B Pirbright.....	0800-2359 *	SFC-1200 OCNL 2400	SUAAIS/Pre Flight: As for D132. SUAAIS/Pre Flight: As for D132.
D136 Shoeburyness.....	Activated by NOTAM	SFC-13000	SUAAIS: Southend App 130.780, London Information 124.600.
D138A Shoeburyness.....	Activated by NOTAM	SFC-6000 OCNL 60000	Pre-flight info from 01702 383211/212. SUAAIS/Pre-flight: As for D136.
D138B Shoeburyness.....	Activated by NOTAM	SFC-5000	SUAAIS/Pre-flight: As for D136.
D138C Shoeburyness.....	Activated by NOTAM	SFC-6000	SUAAIS/Pre-flight: As for D136.
D138D Shoeburyness.....	Activated by NOTAM	SFC-13000 OCNL 60000	SUAAIS/Pre-flight: As for D136.

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D139 Fingringhoe	H24	SFC-1500 OCNL 2000	SUAAIS: London Information 124.600. Pre-flight/Booking info from 01206 736149.
D141 Hythe Ranges	H24	SFC-3200	SUAAIS: Lydd APP 120.705, London Information 124.600. Pre-flight/Booking info from, 01303 225879.
D147 Pontillas	H24	SFC-10000	SUAAIS: London Information 124.750.
D148 Keevil	H24	SFC-3200	SUACS: Boscombe Down ATC 126.700.
D201A/B/H/J Aberporth	Activated by NOTAM	SFC-UNL	SUAAIS: London Information 124.750. SUACS: Aberporth Radar 120.835/West Wales Radar 127.090.
D201C Aberporth	Activated by NOTAM	FL145-UNL	SUAAIS: West Wales Information 122.155. Pre-flight notification available on 01239 813219.
D201D Aberporth	Activated by NOTAM	FL55-UNL	SUACS/SUAAIS/Pre-flight: As for D201A.
D201F/G Aberporth	Activated by NOTAM	SFC-FL145 OCNL UNL	SUACS/SUAAIS/Pre-flight: As for D201A. SUACS/SUAAIS/Pre-flight: As for D201A.
D202A West Wales	Activated by NOTAM	FL60-FL100	SUACS: Aberporth Radar 120.835/West Wales Radar 127.090. SUAAIS: West Wales Information 122.155. Pre-flight information available on 01239 813423. Pilots required to comply with ATC whilst crossing, and will be provided an appropriate Flight Information Service. Pilots who may be unable to comply with ATC should not request a crossing clearance.
D202B/C West Wales	Activated by NOTAM	FL100-FL225	SUACS/SUAAIS/Pre-flight/Remarks: As for D202A.
D202D West Wales	Activated by NOTAM	SFC-FL125	SUACS/SUAAIS/Pre-flight/Remarks: As for D202A.
D203 Sennybridge	H24	SFC-23000	SUAAIS: London Information 124.750. Pre-flight information available on 01874 635599.
D206 Cardington	Mon 0400-Fri 2259 *	SFC-6000	SUAAIS: London Information 124.600. Pre-flight information available on 01234 744657.
D207 Holbeach	Mon-Thu 0900-1700; Sep-Apr: Tue & Thu 1700-2200 *	SFC-23000	SUACS: Holbeach Range on 122.750 (during Op hrs), SUAAIS Holbeach Range on 122.750. All other times London Information on 124.600. Pre-flight information Range Ops: 01406 550083/ATC: /0364 Ext 7119. Airborne bookings and free calling acft accepted subject to availability. Associated acft operations
continued overleaf			

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D207 Holbeach	(continued)		outside area boundary. 122.750 is a common frequency also used by Donna Nook and Pembrey AWRs. Ensure crossing clearance request is specific to Holbeach AWR.
D208 Stanford	H24	SFC-2500	SUA AIS: Lakenheath Zone 128.900.
D211 Swynnerton	Activated by NOTAM	SFC-2400	Pre-flight/Booking information on 01842 855167. SUA AIS: London Information 124.750.
D213 Kineton	Activated by NOTAM	SFC-2400	Pre-flight/Booking information on 01785 763134. SUA AIS: Coventry info on 123.830 when open, all other times London Information on 124.600.
D215 North Luffenham	Activated by NOTAM	SFC-2400	Pre-flight/Booking information on 01869 257489. SUA AIS: London Information on 124.600.
D216 Credenhill	H24	SFC-2300 OCNL 10000	Pre-flight notification available on 01780 727644. SUA AIS: London Information on 124.750.
D217 A-F Llanbedr	Activated by NOTAM	SFC-2000	SUA AIS: Llanbedr Twr on 118.930. Tel: 01341 241356
D217 G-K Llanbedr	Activated by NOTAM	2000-6000	As for D217 A-F.
D218A Fairford	Activated by NOTAM	SFC-FL75	SUACS: Brize Radar on 124.275.
D218B Fairford	Activated by NOTAM	FL50-FL240	SUA AIS: London Information on 124.750. SUACS: Below FL160 Brize Radar on 124.275. At/above FL160 Swanwick Mil on 128.700.
D304 Upper Hulme	Activated by NOTAM 0800-1800, and occasionally up to 2100	SFC-3500	SUA AIS: London Information on 124.750. SUA AIS: Manchester APP 118.580.
D305 Beckingham	Activated by NOTAM	SFC-1500	Pre-flight/Booking information on 01785 763134. SUA AIS: London Information on 124.600.
D307 Donna Nook	Mon-Thu 0900-1630; Fri 0900-1500; Sep-Apr: Mon & Wed 1630-2200 *	SFC-20000	Pre-flight/Booking information on 07769 730481. SUACS: Donna Nook Range 122.750 when open. SUA AIS: Donna Nook Range 122.750, at other times London Information on 124.600.
			Pre-flight/Booking information on 01507 359126. Associated act operations outside area boundary. 122.750 is a common frequency also used by

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D314 Harpur Hill	Mon-Fri 0800-1900	SFC-2900	Holbeach and Pembrey AWRs. Ensure crossing clearance request is specific to Donna Nook AWR. SUAAIS: Manchester APP 118.580. Contact: HSE Tel: 0203 028 2000.
D323A/B/C/D/E Southern MDA. Activated by NOTAM		FL50-FL660	SUAAIS: London information 124.475. Booking: Military Airspace Booking Tel: 01489 612495.
D323F/G/H/J/K Southern MDA. Activated by NOTAM		FL150-FL660	SUAAIS/Pre-flight: As for D323A.
D323L/M/N/P/Q/R Southern MDA. Activated by NOTAM		FL100-FL660	SUAAIS/Pre-flight: As for D323A.
D401 Ballykinler	0800-2359	SFC-3200	SUAAIS: Scottish Information 127.275. Pre-flight/Booking information on 02844 610392.
D402A/B Luce Bay (N)	Activated by NOTAM	SFC-3000	SUAAIS Luce Bay Information on 130.050 or
		OCNL 23000	Scottish Information on 119.875.
			Pre-flight information available on 01776 888930. Negative contact on 130.050 should not be taken as non-activity of the range.
D402C Luce Bay (N)	Activated by NOTAM	SFC-4000	SUAAIS/Pre-flight: As for D402A.
D403A Luce Bay	Activated by NOTAM	SFC-3000	SUAAIS/Pre-flight: As for D402A.
D403B Luce Bay	Activated by NOTAM	SFC-35000	SUAAIS/Pre-flight: As for D402A.
D405 Kirkcudbright	Activated by NOTAM	SFC-15000	SUAAIS: Scottish Information 119.875.
		OCNL 50000	Pre-flight information on 01412 248520.
D406A Eskmeals	Activated by NOTAM	SFC-50000	SUAAIS: Eskmeals Information 122.750 or
		OCNL 80000	London Information 125.475. Pre-flight information on 01229 712245/33.
			Acft following the West coast may proceed through the Danger Area at a height not below 2000 ft but it is essential that they remain East of the main railway paralleling the coast while within the Danger Area.
D406B Eskmeals	Activated by NOTAM	SFC-50000	SUAAIS: Eskmeals Information 122.750 or
		OCNL 80000	London Information 125.475. Pre-flight information on 01229 712245/33.
D406C Eskmeals	Activated by NOTAM	SFC-50000	SUAAIS/Pre-flight: As for D406B.
D407 Warcop	Mon-Sat 0730-0200, Sun 0730-1300 *	SFC-10000	SUAAIS: London Information 125.475.

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D408 Feldom	Tue-Sun 0830-1630 *	OCNL 13500 SFC-3000	Pre-flight information on 01768 343224. SUAAIS: Leeming 133.375, or London info 125.475.
D410 Strensall	Activated by NOTAM	OCNL 5600 SFC-1000	Pre-flight/Booking information on 01748 875502. SUAAIS: Leeming 133.375, London info 125.475.
D412 Staxton	Activated by NOTAM	SFC-10000	Pre-flight/Booking information on 01765 632280. SUAAIS: London Information 125.475.
D442 Bellerby	H24	SFC-3000	Pre-flight/Booking information on 01489 612495. SUAAIS: Leeming 133.375, London info 125.475.
D505 Magilligan	0800-2359	SFC-2000 OCNL 6500	Pre-flight/Booking information on 01748 875502. SUAAIS: Scottish Information 127.275.
D508 Ridsdale	Mon-Fri 0800-1700 *	SFC-4100	Pre-flight/Booking information on 02877 720029. SUACS: Newcastle APP 124.380
D509 Campbelltown	Activated by NOTAM	SFC-55000	SUAAIS: Scottish Information 119.875. Pre-flight/Booking information on 01434 220952.
D510A Spadeadam	Mon-Thu 09-1700, Fri 09-1600 *	SFC-5500 OCNL 15000	SUAAIS: Scottish Information 119.875. Pre-flight/Booking information on 01923 956371. SUACS: Spadeadam 128.725, SUAAIS: Newcastle APP 124.380, Carlisle TWR 123.605.
D510B Spadeadam	Mon-Thu 09-1700, Fri 09-1600 *	SFC-5500 OCNL 18000	Pre-flight/Booking information on 01697 749486/88. SUACS/SUAAIS/Pre-flight: As for D510A.
D510C Spadeadam	Mon-Thu 09-1700, Fri 09-1600 *	SFC-5500 OCNL 18000	SUACS/SUAAIS/Pre-flight: As for D510A. When D510C is activated in isolation from D510B, Unmanned Aircraft Systems operations are not permitted. When D510B is activated by NOTAM, D510C will also be activated for the same period/Alt.
D512A Otterburn	Activated by NOTAM	SFC-22000	SUAAIS/Pre-flight/Booking: As for D512B.
D512B Otterburn	H24	SFC-18000	SUAAIS: Scottish Information 119.875.
D513A/B Druridge Bay	Activated by NOTAM	OCNL 25000 SFC-FL230	Pre-flight/Booking information on 01912 394261. SUAAIS: Scottish Information 134.775. Booking: Military Airspace Booking Tel: 01489 612495.

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D513C Druridge Bay	Activated by NOTAM	SFC-FL100	SUAAIS/Pre-flight/Booking: As for D513A/B.
D601 Garelochhead	0800-2359 *	SFC-4000	SUAAIS: Scottish Information 119.875. Pre-flight/Booking information on 01412 248123.
D604 Barry Buddon	H24	SFC-1500	SUAAIS: Leuchars APP 126.500.
D613A/B/C/D Central MDA	Activated by NOTAM	OCNL 9000 FL100-FL660	Pre-flight/Booking information on 01313 103426. SUAAIS: Scottish Information 136.375. Booking: Military Airspace Booking Tel: 01489 612495.
D701A-Y Hebrides	Activated by NOTAM	SFC-UNL	SUAAIS: Scottish Information 127.275. Pre-flight/Booking information on 01870 604449.
D702 Fort George	0800-1600 daily *	SFC-2100	SUAAIS: Inverness APP/TWR 122.605, Scottish Information 134.850.
D703 Tain Range	Mon -Thu 0900-2200, Fri 0900-1400 *	SFC-15000 OCNL 22000	Pre-flight/Booking information on 01313 108690. SUACS/SUAAIS: Tain Range 122.750, Scottish Information 134.850.
			Pre-flight/Booking info on 01862 892185 Ext 4945. Act wishing to use Dornoch or Easter ADs during range opening hrs are to contact Tain range 122.750 prior to entering the range.
D704 Hebrides	Activated by NOTAM	SFC-10000	SUACS: Benbecula APP 119.205 SUAAIS: Scottish Information 127.275.
D710 Raasay	Activated by NOTAM, Mon-Sat SR-SS	SFC-1500	Pre-flight/Booking information on 01870 604449. SUAAIS: Scottish Information 127.275.
D712A-D Northern MDA	Activated by NOTAM	FL245-FL660	Pre-flight/Booking information on 01397 436720. SUAAIS: Swanick Military 282.625. Pre-flight information on CRC Boulmer Tel: 01665 572312. Booking: Military Airspace Booking Tel: 01489 612495.
D801/802 Cape Wrath NW/SE	Activated by NOTAM	SFC-55000	SUAAIS: Scottish Information 133.675. Pre-flight/Booking information on 01971 511242.
D803 Garvie Island	Activated by NOTAM	SFC-40000	Tain Range ATC 01862 892185 Ext 4945. SUAAIS/Pre-flight/Booking: As for D801.

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D809(C)(N)(S) Moray Firth	Activated by NOTAM	SFC-55000
		SUAAS: Scottish Information 133.675. Pre-flight information on CRC Boulmer Tel: 01665 572312. Booking: Military Airspace Booking Tel: 01489 612495.
Prohibited Areas		
P611 Coulpot/Faslane	SFC-2200	Contact CAA Airspace Regulation Operations Tel: 01293 983880.
P813 Dounray	SFC-2100	Contact CAA Airspace Regulation Operations Tel: 01293 983880.
Restricted Areas		
R002 Devonport	SFC-2000	Flight permitted for the purpose of landing/take-off from Kinterbury Point (KP) HLS and ships within the Naval base with permission of FOST/Plymouth Mil Radar. Contact as per P611.
R063 Dungeness	SFC-2000	Flight permitted for the purpose of landing/take-off from the helicopter landing area at Dungeness with the required permission. Flight permitted by an acft which has taken off from or intends to land at Lydd airport flying in accordance with normal aviation practice which remains at least 1.5nm from the centre of R063. Contact as per P611.
R095 Sark	SFC-2374	Flight is not permitted except in conformity with any permission granted by or on behalf of the Channel Islands Director of Civil Aviation. The Island of Sark is within the Bailiwick of Guernsey territorial waters although within the Brest FIR.
R101 Aldermaston	SFC-2400	Flight permitted for the purpose of landing/take-off from the helicopter landing area at Aldermaston with the required permission/conditions of the person in charge. Contact as per P611.
R104 Burghfield	SFC-2400	Flight permitted for the purpose of landing/take-off from the helicopter landing area at Burghfield with the permission/conditions of the person in charge. Contact as per P611.
R105 Highgrove House	SFC-2000	Flight permitted by: any acft in the service of National Police Air Service; Helicopter Emergency Medical Service; Maritime and Coastguard Agency; The Queen's Helicopter Flight; any acft with permission issued by the Gloucester Constabulary Royalty Household Protection Group; any acft operated by a member of the Royal Family, or landing in the grounds of Highgrove House at the invitation of the person in charge.
R107 Belmarsh	SFC-2000	The Restricted area only applies to helicopters. Flight permitted by any helicopter for the purpose of carrying out an IFR approach to London City airport for cloud break purposes. Flight permitted by any helicopter operated by or on behalf of a police force for any area of the UK. Contact CAA Airspace Regulation Operations Tel: 01293 983880.

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R153 Hinckley Point.....	SFC-2000	Flight permitted for the purpose of landing/take-off from the helicopter landing area at Hinckley Point with the required permission. Flight permitted by a helicopter flying within the Bridgewater Bay Danger Area with the permission/conditions of the person in charge and subject to remaining at least 1nm from the centre of R153. Contact as per R107.
R154 Oldbury.....	SFC-2000	Flight permitted for the purpose of landing/take-off from the helicopter landing area at Oldbury with the permission/conditions of the person in charge. Contact as per R107.
R155 Berkeley.....	SFC-2000	Flight permitted for the purpose of landing/take-off from the helicopter landing area at Berkeley with the permission/conditions of the person in charge. Contact as per R107.
R156 Windsor Castle.....	SFC-2500	Flight permitted by: any aircraft operating for or on behalf of National Police Air Service; any aircraft operating for or on behalf of The Helicopter Emergency Medical Service; any aircraft operating for or on behalf of The Maritime and Coastguard Agency for the purposes of search and rescue operations; any aircraft operating for or on behalf of The Queen's Helicopter Flight; any aircraft operated by a member of the Royal Family; any aircraft flying in accordance with an agreed exemption issued by, or with the permission of, the Metropolitan Police (Royalty and Special Protection); or landing in the grounds of Windsor Great Park at the invitation of the Director of Royal Travel provided that Protective Security Operations(PSO) has been informed in advance of such intended flight or landing.
R157 Hyde Park.....	SFC-1400	Flight permitted by: any acft in the service of the Chief Officer of the Metropolitan Police District; any acft with a Special Flight Notification issued by the appropriate ATC unit; any helicopter flying on route H4; any acft flying in accordance with an Enhanced Non-Standard Flight clearance issued by the appropriate ATC unit.
R158 City of London.....	SFC-1400	Remarks as for R157.
R159 Isle of Dogs.....	SFC-1400	Flight permitted by: any acft in the service of the Chief Officer of the Metropolitan Police District; any acft with a Special Flight Notification issued by the appropriate ATC unit; any helicopter flying on route H4; any acft flying in accordance with an Enhanced Non-Standard Flight clearance issued by the appropriate ATC unit; any acft approaching to, or departing from London City airport.
R160.....	SFC-UNL	Except with the written permission of the CAA a helicopter shall not fly over the specified area of central London below such a height as would enable it, in the event of an engine failure, to land clear of that area.

Identification & Name	Limits FT ALT	Remarks
R204 Long Lartin	SFC-2200	The Restricted area only applies to helicopters. Flight permitted by any helicopter operated by or on behalf of a police force for any area of the UK. Contact as per R107.
R212 Whittemoor	SFC-2000	As for R204.
R214 Woodhill	SFC-2400	As for R204.
R217 Sizewell	SFC-2000	Flight permitted for the purpose of landing/take-off from the helicopter landing area at Sizewell with the permission/conditions of the person in charge. Contact as per R107.
R219 Sandringham House	SFC-2000	Flight permitted by: any act in the service of National Police Air Service; Helicopter Emergency Medical Service; Maritime and Coastguard Agency; The Queen's Helicopter Flight; any act with permission issued by the Norfolk & Suffolk Constabulary Royalty and VIP Protection unit; any act landing in the grounds of Sandringham House at the invitation of the person in charge.
R220 Anmer Hall	SFC-1600	Flight permitted by: any act in the service of National Police Air Service; Helicopter Emergency Medical Service; Maritime and Coastguard Agency; The Queen's Helicopter Flight; any act flying in accordance with permission issued by the Norfolk & Suffolk Constabulary Royalty and VIP Protection unit; any act operated by a member of the Royal Family or landing in the grounds of Anmer Hall at the invitation of the person in charge.
R311 Capenhurst	SFC-2200	Contact CAA Airspace Regulation Operations Tel: 01293 983880.
R312 Springfields	SFC-2100	Flight permitted at not less than 1670ft amsl for the purpose of landing at Blackpool airport.
		Flight permitted in airspace lying south of a straight line drawn from N53 46.73 W002 44.90 to N53 45.22 W002 50.73 for the purpose of landing at or taking-off from Warton AD.
		Flight permitted for the landing at or taking off from the helicopter landing area at Springfields, with the permission/conditions of the person in charge. Contact as per R311.
R315 Full Sutton	SFC-2000	The Restricted area only applies to helicopters. Flight permitted by any helicopter operated by or on behalf of a police force for any area of the UK. Contact as per R311.
R319 Manchester	SFC-1700	As for R315.
R321 Wakefield	SFC-1600	As for R315.
R322 Wylla	SFC-2100	Flight permitted at a height of not less than 2000ft AGL whilst operating under and in accordance with a clearance from ATC at RAF Valley.
		Flight permitted for the landing at or taking off from the helicopter landing area at Wylla, with the permission/conditions of the person in charge. Contact as per R311.
R413 Sellatfield	SFC-2000	Flight permitted for the landing at or taking off from the helicopter landing area at Sellatfield, with the permission/conditions of the person in charge. Contact as per R311.
R431 Maghaberry	SFC-2000	As for R315.

Identification & Name	Limits FT ALT	Remarks
R432 Frankland/Durham	SFC-2200	As for R315.
R444 Heysham	SFC-2000	Flight permitted for the landing at or taking off from the helicopter landing area at Heysham, with the permission/conditions of the person in charge. Contact as per R311.
		Microlight access to Middleton Sands obtained from BMAA head office.
R445 Barrow in Furness	SFC-2000	Flight permitted for the landing at or taking off from the helicopter landing area at Barrow in Furness, with the permission/conditions of the person in charge.
R446 Hartlepool	SFC-2000	Flight permitted for the landing at or taking off from the helicopter landing area at Hartlepool, with the permission/conditions of the person in charge. Flight at a height of not less than 1800ft amsl whilst conducting an instrument approach procedure at Teesside International Airport.
R504 Shotts	SFC-2800	The Restricted area only applies to helicopters. Flight permitted by any helicopter operated by or on behalf of a police force for any area of the UK. Contact as per R311.
R515 Hunterston	SFC-2000	Flight permitted for the landing at or taking off from the helicopter landing area at Hunterston, with the permission/conditions of the person in charge. Contact as per R311.
R516 Torness	SFC-2100	Flight permitted for the landing at or taking off from the helicopter landing area at Torness, with the permission/conditions of the person in charge. Contact as per R311.
R603 Rosyth	SFC-2000	Flight permitted within the route notified as the Kelty Lane for the purpose of making an approach to land at or depart from Edinburgh Airport. Contact as per R311.
R610A The Highlands	SFC-5000	When active, entry of non-participating acft is prohibited unless flying in accordance with authorisation given by Low Flying Ops Flight at RAF(U) Swanwick Tel: 01489 333100.
		Activated by NOTAM.
R610B The Highlands	750-5000	As for R610A.
R610C The Highlands	SFC-2000	As for R610A. Additionally, tactical clearance may be provided by Tain Range 122.750.
R610D The Highlands	SFC-2000	As for R610A. Additionally, tactical clearance may be provided by Tain Range 122.750.
R704 Balmoral	SFC-3500	Flight permitted by any aircraft operated by or on behalf of Police of Scotland; Scottish Air Ambulance Service; Maritime and Coastguard agency for SAR purposes; the Queen's Helicopter Flight and members of the Royal Family.
R705 Birkhall	SFC-3500	As for R704.