Rob	SPECIAL USE AIRSPACE CROSSING SERVICE (SUACS) AND SPECIAL USE AIRSPACE ACTIVITY INFORMATION SERVICE (SUAAIS)					
Robert Pooley	Identification & Name	Hours of activity (LOCAL)	Limits FT ALT	SUACS/SUAAIS (* = and as activated by NOTAM)		
oley	D001 Trevose Head	. Mon-Thu 0800-2359; Fri 0800-1800	. SFC-1000	SUACS: Culdrose APP 134.050,		
0						
	D003/004 Plymouth	.Mon-Thu 0800-1700; Fri 0800-1400 *		Pre-flight info from Culdrose Ops 01326 552415.		
				SUACS/SUAAIS: London Information 124.750.		
				Pre-flight info from Plymouth Ops 01752 557550.		
		. Activated by NOTAM				
				SUAAIS : Swanwick Mil via London Info on 124.750.		
				Pre-flight info from Culdrose Ops 01326 552201.		
		.Mon-Thu 0800-1700; Fri 0800-1400 *				
				Pre-flight info from Culdrose Ops 01326 552201.		
	D006B/C Falmouth Bay	.Mon-Thu 0800-1700; Fri 0800-1400 *	SFC-8000			
_	,			SUACS/SUAAIS: London Information 124.750.		
				Pre-flight info from Culdrose Ops 01326 552201.		
	D007A/007B Fowey	.Mon-Thu 0800-1700; Fri 0800-1400 *	. SFC-22000			
				Pre-flight info from Plymouth Ops 01752 557550.		
		.Mon-Thu 0800-1700; Fri 0800-1400 ^ .Mon-Thu 0800-1700; Fri 0800-1400 *		SUACS/SUAAIS/Pre-flight: As for D007A.		
	DOUGA FIGHTOUTH	. WOII-1110 0800-1700, FII 0800-1400	. 3FG-22000	SUACS, Flyffloutif Military 121,250.		
				Pre-flight info from Plymouth Ops 01752 557550.		
	D008B/008C Plymouth			SUACS/SUAAIS/Pre-flight: As for D008A.		
	D009A Wembury	. Mon-Thu 0800-1700; Fri 0800-1400 *	. SFC-55000	SUACS: Plymouth Military 121.250,		
				SUACS/SUAAIS: London Information 124.750.		
				SUACS/SUAAIS/Pre-flight: As for D009A.		
		. Activated by NOTAM.				
				SUAAIS/Pre-flight/OCNL Alt: As for D011A.		
202				SUAAIS/Pre-flight/OCNL Alt: As for D011A.		
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Rob	Identification & Name	Hours of activity (LOCAL)	Limits FT ALT	SUACS/SUAAIS (* = and as activated by NOTAM)
ert	D012 Lyme Bay North	Mon-Thu 0800-1700: Fri 0800-1400 *	SFC-18000	SUACS: Plymouth Military 124.150,
Po			OCNL 25000	SUAAIS: London Information 124.750.
Pooley ©				Pre-flight info from FOST Ops 01752 557550.
y (D013 Lyme Bay	Mon-Thu 0800-1700; Fri 0800-1400 3	* SFC-55000	SUACS/SUAAIS/Pre-flight: As for D012.
0	D014 Portland	Mon-Thu 0800-1700; Fri 0800-1400 '	* SFC-5000	SUACS/SUAAIS/Pre-flight: As for D012.
	D015 Bovington	Activated by NOTAM	SFC-3600	SUAAIS: London Info 124.750.
				Pre-flight info from 01929 403765.
	D017/023 Portland	Mon-Thu 0800-1700; Fri 0800-1400 '	* SFC-22000	SUACS: Plymouth Military 124.150,
			OCNL 55000	SUAAIS: London Information 124.750.
				Pre-flight info from FOST Ops 01752 557550.
	D021 Portland	Mon-Thu 0800-1700; Fri 0800-1400 '	* SFC-15000	SUACS/SUAAIS/Pre-flight: As for D017.
	D026 Lulworth	Mon-Thu 0800-2359; Fri 0800-1600 '		
			OCNL 20000	SUAAIS London Information 124.750.
				Booking: FOST Eastern Area Mgr 01752 557552.
				SUACS/SUAAIS/Pre-flight: As for D017.
2				SUACS: Plymouth Military 124.150 when open,
			OCNL 55000	O/T Swanick Mil on London Info 124.750 or 124.600 or
				through Southampton or Jersey ATSUs.
				Pre-flight info from FOST Ops 01752 557550.
		Mon-Thu 0800-1700; Fri 0800-1400 '		
			OCNL 55000	
				SUAAIS: London Info 124.750 or 124.600.
				Pre-flight info from 01752 557550.
				SUACS/SUAAIS/Pre-flight: As for D037.
				SUACS/SUAAIS/Pre-flight: As for D037.
		H24		
				Pre-flight info from 01303 225503.
202				

Ro	Identification & Name	Hours of activity (LOCAL)	Limits FT ALT	SUACS/SUAAIS (* = and as activated by NOTAM)
Robert Pooley ©	D061 Woodbury Common.	Activated by NOTAM	SFC-1500	SUAAIS: Exeter APP 128.980.
t Po				London Information 124.750.
201				Pre-flight info from 01395 272972.
ey (D064A/B/C South West MDA	A. Activated by NOTAM	10000-FL660	SUAAIS: London Information 124.750.
0				
				Booking: Military Airspace Booking: 01489 612495.
		Activated by NOTAM		
		Activated by NOTAM		
		Activated by NOTAM		
		Activated by NOTAM		
				Pre-flight/Booking info from 01834 871282.
		Activated by NOTAM		
				SUAAIS: London Information 124.750.
w				SUACS/SUAAIS: Pembrey Range 122.750.
	D440 D : 1	A I' I II NOTAM		
		Activated by NOTAM		
				Pre-flight/Booking info from 01935 455497, Range Tower when manned 01278 741337.
				SUACS/SUAAIS: Boscombe Zone 126.700.
				Pre-flight info from Boscombe ATC, 01980 663246.
				SUACS/SUAAIS/Pre-flight: As for D120.
	D1227/D/O Wessex West	H24	SEC-23000	SUACS: Boscombe Down ATC on 126.700,
				SUAAIS via London Information on 124.750, or
				Tel: 01980 674739. Pre-flight info from
				Salisbury Ops 01980 674710 or 674730.
		Activated by NOTAM		
		ouvaida by 110 17 iii		Pre-flight/Booking info from 01980 674710.
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Robert Pooley ©	Identification & Name	Hours of activity (LOCAL)	Limits FT ALT	SUACS/SUAAIS (* = and as activated by NOTAM)
er"	D125 Larkhill	.H24	SFC-23000	SUACS/SUAAIS/Pre Flight: As for D123.
ťΡ			OCNL 50000	
201	D126 Bulford	.H24	SFC-1400	SUACS: Boscombe Down ATC on 126.700,
ey (OCNL FL90	SUAAIS via London Information on 124.750, or
(0)				Tel: 01980-674739. Pre-flight info from
				Salisbury Ops 01980 674710/674730 or
				Boscombe ATC 01980 663246.
				SUACS/SUAAIS: Boscombe Down Zone 126.700,
				London Information 124.750.
				Pre-flight info from Boscombe ATC 01980 663246.
	D128 Everleigh	.H24	SFC-1400	SUACS/SUAAIS/Pre Flight: As for D123.
	-		OCNL 50000	-
	D129 Weston-on-the-Green	Mon-Fri SR-SS *	SFC-FL120	SUAAIS: Brize Zone 119.000.
				SUACS: Oxford APP 125.090.
				Pre-flight/Booking info from Brize 01993 895147.
	D130 Longmoor	.H24	SFC-1800	SUAAIS: Farnborough Radar 133.440,
4			OCNL 2300	London Information 124.600.
				Pre-flight/Booking info 01420 483405.
	D132 Ash Ranges	. Activated by NOTAM	SFC-2500	SUAAIS: Farnborough Radar 133.440,
				London Information 124.600.
		.0800-2359 *		
		.0800-2359 *		
		. Activated by NOTAM		
				Pre-flight info from 01702 383211/212.
	D138A Shoeburyness	. Activated by NOTAM		
		. Activated by NOTAM		
		. Activated by NOTAM		
		. Activated by NOTAM		
2025			OCNL 60000	
25				

Robert Pooley ©	Identification & Name	Hours of activity (LOCAL)	Limits FT ALT	SUACS/SUAAIS (* = and as activated by NOTAM)
Эer	D139 Fingringhoe	H24	SFC-1500	SUAAIS: London Information 124.600.
ŀΡ			OCNL 2000	Pre-flight/Booking info from 01206 736149.
	D141 Hythe Ranges	H24	SFC-3200	SUAAIS: Lydd APP 120.705,
ey (London Information 124.600.
0				Pre-flight/Booking info from, 01303 225879.
	D147 Pontrilas	H24	SFC-10000	SUAAIS: London Information 124.750.
	D148 Keevil	H24	SFC-3200	SUACS: Boscombe Down ATC 126.700.
				SUAAIS: London Information 124.750.
	D201A/B/H/J Aberporth	Activated by NOTAM	SFC-UNL	SUACS: Aberporth Radar 120.835/West Wales Radar 127.090.
				SUAAIS: West Wales Information 122.155.
				Pre-flight notification available on 01239 813219.
	D201C Aberporth	Activated by NOTAM	FL145-UNL	SUACS/SUAAIS/Pre-flight: As for D201A.
	D201D Aberporth	Activated by NOTAM	FL55-UNL	SUACS/SUAAIS/Pre-flight: As for D201A.
	D201F/G Aberporth	Activated by NOTAM	SFC-FL145	SUACS/SUAAIS/Pre-flight: As for D201A.
		-		
	D202A West Wales	Activated by NOTAM	FL60-FL100	SUACS: Aberporth Radar 120.835/ West Wales Radar 127.090.
S				SUAAIS: West Wales Information 122.155.
				Pre-flight information available on 01239 813423.
				Pilots required to comply with ATC whilst crossing,
				and will be provided an appropriate Flight Information
				Service. Pilots who may be unable to comply with
				ATC should not request a crossing clearance.
	D202B/C West Wales	Activated by NOTAM	FL100-FL225	SUACS/SUAAIS/Pre-flight/Remarks: As for D202A.
	D202D West Wales	Activated by NOTAM	SFC-FL125	SUACS/SUAAIS/Pre-flight/Remarks: As for D202A.
		H24		
				Pre-flight information available on 01874 635599.
	D207 Holbeach	Mon-Thu 0900-1700; Fri 0900-1200;	SFC-23000	SUACS: Holbeach Range on 122.750 (during Op hrs),
				SUAAIS Holbeach Range on 122.750. All other times
				London Information on 124.600. Pre-flight information
				Range Ops: 01406 550083/ATC: /0364 Ext 7119.
				Airborne bookings and free calling acft accepted
	continued overleaf			subject to availability. Associated acft operations
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Identification & Name D207 Holbeach (continue	Hours of activity (LOCAL)	Limits FT ALT	SUACS/SUAAIS (* = and as activated by NOTAM)
D207 Holbeach (continue	ed)		outside area boundary. 122.750 is a common
D			frequency also used by Donna Nook and Pembrey
<u></u>			AWRs. Ensure crossing clearance request is specific
<u> </u>			to Holbeach AWR.
D208 Stanford	H24		
			Pre-flight/Booking information on 01842 855167.
D211 Swynnerton	Activated by NOTAM	SFC-2400	SUAAIS: London Information 124.750.
			Pre-flight/Booking information on 01785 763134.
D213 Kineton	Activated by NOTAM	SFC-2400	SUAAIS: Coventry info on 123.830 when open, all other
			times London Information on 124.600.
			Pre-flight/Booking information on 01869 257489.
D215 North Luffenham	Activated by NOTAM	SFC-2400	SUAAIS: London Information on 124.600.
			Pre-flight notification available on 01780 727644.
D216 Credenhill	H24	SFC-2300	SUAAIS: London Information on 124.750.
	Activated by NOTAM		
	Activated by NOTAM		
D218A Fairford	Activated by NOTAM	SFC-FL75	SUACS: Brize Radar on 124.275.
			SUAAIS: London Information on 124.750.
			SUACS: Below FL160 Brize Radar on 124.275.
			At/above FL160 Swanwick Mil on 128•700.
			SUAAIS: London Information on 124.750.
	Activated by NOTAM		
			SUAAIS: London Information on 124.600.
			Contact Marham ATC Tel 01760 337261.
	Activated by NOTAM		
	Activated by NOTAM 0800-1800, and		
			Pre-flight/Booking information on 01785 763134.
D305 Beckingham	Activated by NOTAM	SFC-1500	SUAAIS: London Information on 124.600.
			Pre-flight/Booking information on 07769 730481.
20			

Identification & Name	Hours of activity (LOCAL)	Limits FT ALT	SUACS/SUAAIS (* = and as activated by NOTAM)
D307 Donna Nook	Mon-Thu 0900-1630; Fri 0900-1500;	SFC-20000	SUACS: Donna Nook Range 122.750 when open.
	Sep-Apr: Mon & Wed 1630-2200 *		SUAAIS: Donna Nook Range 122.750, at other times
			London Information on 124.600.
			Pre-flight/Booking information on 01507 359126.
,			Associated acft operations outside area boundary.
			122.750 is a common frequency also used by
continued			Holbeach and Pembrey AWRs. Ensure crossing
			clearance request is specific to Donna Nook AWR.
D314 Harpur Hill	Mon-Fri 0800-1900	SFC-2900	SUAAIS: Manchester APP 118.580.
·			Contact: HSE Tel: 0203 028 2000.
D323A/B/C/D/E Southern MD/	A. Activated by NOTAM	FL50-FL660	SUAAIS: London information 124.475.
			Booking: Military Airspace Booking
			Tel: 01489 612495.
D323F/G/H/J/K Southern MDA	A . Activated by NOTAM	FL150-FL660	SUAAIS/Pre-flight: As for D323A.
D323L/M/N/P/Q/R Southern MDA	A. Activated by NOTAM	FL100-FL660	SUAAIS/Pre-flight: As for D323A.
D401 Ballykinler	0800-2359	SFC-3200	SUAAIS: Scottish Information 127.275.
-			Pre-flight/Booking information on 02844 610392.
D402A/B Luce Bay (N)	Activated by NOTAM	SFC-3000	SUAAIS Luce Bay Information on 130.050 or
			Pre-flight information available on 01776 888930.
			Negative contact on 130.050 should not be taken as
			non-activity of the range.
D402C Luce Bay (N)	Activated by NOTAM	SFC-4000	SUAAIS/Pre-flight: As for D402A.
	Activated by NOTAM		
D403B Luce Bay	Activated by NOTAM	SFC-35000	SUAAIS/Pre-flight: As for D402A.
D405 Kirkcudbright	Activated by NOTAM	SFC-15000	SUAAIS: Scottish Information 119.875.
		OCNL 50000	Pre-flight information on 01412 248520.
D406A Eskmeals	Activated by NOTAM	SFC-50000	SUAAIS: Eskmeals Information 122.750 or
			Pre-flight information on 01229 712245/33.
			Acft following the West coast may proceed through
			the Danger Area at a height not below 2000 ft but it is
			essential that they remain East of the main railway
<u> </u>			parallelling the coast while within the Danger Area.

Robert Pooley ©

Robert Pooley ©	Identification & Name	Hours of activity (LOCAL)	Limits FT ALT	SUACS/SUAAIS (* = and as activated by NOTAM)
eri	D406B Eskmeals	Activated by NOTAM	SFC-50000	SUAAIS: Eskmeals Information 122.750 or
: Pc			OCNL 80000	London Information 125.475.
ole				Pre-flight information on 01229 712245/33.
ey (D406C Eskmeals	Activated by NOTAM	SFC-50000	SUAAIS/Pre-flight: As for D406B.
(3)	D407 Warcop	Mon-Sat 0730-0200, Sun 0730-1300 *	SFC-10000	SUAAIS: London Information 125.475.
	D408 Feldom	Tue-Sun 0830-1630 *	SFC-3000	SUAAIS: Leeming 133.375, or London info 125.475.
			OCNL 5600	Pre-flight/Booking information on 01748 875502.
	D410 Strensall	Activated by NOTAM	SFC-1000	SUAAIS: Leeming 133.375, London info 125.475.
				Pre-flight/Booking information on 01765 632280.
	D412 Staxton	Activated by NOTAM	SFC-10000	SUAAIS: London Information 125.475.
		-		Pre-flight/Booking information on 01489 612495.
	D442 Bellerby	H24	SFC-3000	SUAAIS: Leeming 133.375, London info 125.475.
				Pre-flight/Booking information on 01748 875502.
	D505 Magilligan	0800-2359	SFC-2000	SUAAIS: Scottish Information 127.275.
			OCNL 6500	Pre-flight/Booking information on 02877 720029.
∞	D508 Ridsdale	Mon-Fri 0800-1700 *	SFC-4100	SUACS: Newcastle APP 124.380.
				SUAAIS: Scottish Information 119.875.
				Pre-flight/Booking information on 01434 220952.
	D509 Campbeltown	Activated by NOTAM	SFC-55000	SUAAIS: Scottish Information 119.875.
	D510A Spadeadam	Mon-Thu 09-1700, Fri 09-1600 *	SFC-5500	SUACS: Spadeadam 128.725,
			OCNL 15000	SUAAIS: Newcastle APP 124.380,
				Carlisle TWR 123.605.
				Pre-flight/Booking information on 01697 749486/88.
	D510B Spadeadam	Mon-Thu 09-1700, Fri 09-1600 *	SFC-5500	SUACS/SUAAIS/Pre-flight: As for D510A.
			OCNL 18000	- ·····
	D510C Spadeadam	Mon-Thu 09-1700, Fri 09-1600 *	SFC-5500	SUACS/SUAAIS/Pre-flight: As for D510A.
			OCNL 18000	When D510C is activated in isolation from D510B,
				Unmanned Aircraft Systems operations are not
				permitted. When D510B is activated by NOTAM,
				D510C will also be activated for the same period/Alt.
2	D512A Otterburn	Activated by NOTAM	SFC-22000	SUAAIS/Pre-flight/Booking: As for D512B.
2025				

Rol	Identification & Name	Hours of activity (LOCAL)	Limits FT ALT	SUACS/SUAAIS (* = and as activated by NOTAM)
Robert Pooley ©	D512B Otterburn	H24	SFC-18000	SUAAIS: Scottish Information 119.875.
Po			OCNL 25000	Pre-flight/Booking information on 01912 394261.
ole	D513A/B Druridge Bay	Activated by NOTAM	SFC-FL230	SUAAIS: Scottish Information 134.775.
y (e				Booking: Military Airspace Booking
()				Tel: 01489 612495.
				SUAAIS/Pre-flight/Booking: As for D513A/B.
		0800-2359 *		
				Pre-flight/Booking information on 01412 248123.
		H24		
				Pre-flight/Booking information on 01313 103426.
		Activated by NOTAM		
	D701A-Y Hebrides	Activated by NOTAM	SFC-UNL	
9		0800-1600 daily *		
9				Scottish Information 134.850.
				Pre-flight/Booking information on 01313 108690.
		Mon -Thu 0900-2200, Fri 0900-1400 *		
				Pre-flight/Booking info on 01862 892185 Ext 4945.
				Acft wishing to use Dornoch or Easter ADs during
				range opening hrs are to contact Tain range 122.750
		A .:		
		Activated by NOTAM		
				SUAAIS: Scottish Information 127.275.
				Pre-flight/Booking information on 01870 604449.
		Activated by NOTAM, Mon-Sat SR-SS		
				Pre-flight/Booking information on 01397 436720.
		Activated by NOTAM		
				Pre-flight information on CRC Boulmer Tel:
				01665 572312. Booking: Military Airspace Booking
2025				181: 01489 612495.
25				

8	Identification & Name	Limits FT ALT	Remarks
	D801/802 Cape Wrath NW/SE	·······	SFC-55000SUAAIS: Scottish Information 133.675. Pre-flight/Booking information on 01971 511242.
olev ©	D803 Garvie Island		Tain Range ATC 01862 892185 Ext 4945. SFC-40000 SUAAIS/Pre-flight/Booking: As for D801.
			SFC-55000SUAAIS: Scottish Information 133.675
	Prohibited Areas		
	P611 Coulport/Faslane	SFC-2200	Contact CAA Airspace Regulation Operations Tel: 01293 983880.
	P813 Dounray	SFC-2100	Contact CAA Airspace Regulation Operations Tel: 01293 983880.
	Restricted Areas		
			Flight permitted for the purpose of landing/take-off from Kinterbury Point (KP) HLS and shipswithin the Naval base with permission of FOST/Plymouth Mil Radar. Contact as per P611.
10	-		Flight permitted for the purpose of landing/take-off from the helicopter landing area atDungeness with the required permission. Flight permitted by an acft which has taken off fromor intends to land at Lydd airport flying in accordance with normal aviation practice whichremains at least 1.5nm from the centre of R063. Contact as per P611.
	R095 Sark	SFC-2374	Flight is not permitted except in conformity with any permission granted by or on behalf of theChannel Islands Director of Civil Aviation. The Island of Sark is within the Bailiwick of
			Flight permitted for the purpose of landing/take-off from the helicopter landing area atAldermaston with the required permission/conditions of the person in charge. Contact as per P611.
	R104 Burghfield		Flight permitted for the purpose of landing/take-off from the helicopter landing area at
	R105 Highgrove House	. SFC-2000.	
2025	R107 Belmarsh	SFC-2000	The Restricted area only applies to helicopters. Flight permitted by any helicopter for thepurpose of carrying out an IFR approach to London City airport for cloud break purposes.

Identification & Name	Limits FT ALT	Remarks
		Flight permitted by any helicopter operated by or on behalf of a police force for any area of
		the UK. Contact CAA Airspace Regulation Operations Tel: 01293 983880.
R153 Hinckley Point	SFC-2000	Flight permitted for the purpose of landing/take-off from the helicopter landing area at
		Hinckley Point with the required permission. Flight permitted by a helicopter flying within the
		Bridgewater Bay Danger Area with the permission/conditions of the person in charge and
		subject to remaining at least 1nm from the centre of R153. Contact as per R107.
		Oldbury with the permission/conditions of the person in charge. Contact as per R107.
		Flight permitted for the purpose of landing/take-off from the helicopter landing area at
		Berkeley with the permission/conditions of the person in charge. Contact as per R107.
		any aircraft operating for or on behalf of The Maritime and Coastguard Agency for the
		any aircraft operating for or on behalf of The Queen's Helicopter Flight;
		any aircraft flying in accordance with an agreed exemption issued by, or
		with the permission of, the Metropolitan Police (Royalty and Special Protection);
		or landing in the grounds of Windsor Great Park at the invitation of the Director of Royal
		Travel provided that Protective Security Operations(PSO) has been informed in
		advance of such intended flight or landing.
R157 Hyde Park	SFC-1400	
		any acft in the service of the Chief Officer of the Metropolitan Police District; any acft with a
		Special Flight Notification issued by the appropriate ATC unit; any helicopter flying on route
		H4; any acft flying in accordance with an Enhanced Non-Standard Flight clearance issued by
		!! !
		any acft in the service of the Chief Officer of the Metropolitan Police District; any acft with a
		Special Flight Notification issued by the appropriate ATC unit; any helicopter flying on route
	R153 Hinckley Point R154 Oldbury R155 Berkeley R156 Windsor Castle R157 Hyde Park R157 Hyde Park R158 City of London R159 Isle of Dogs	R153 Hinckley Point SFC-2000 R154 Oldbury SFC-2000 R155 Berkeley SFC-2000 R156 Windsor Castle SFC-2500 R157 Hyde Park SFC-1400 R158 City of London SFC-1400 R159 Isle of Dogs SFC-1400

Rol	Identification & Name	Limits FT ALT	Remarks
Robert			H4; any acft flying in accordance with an Enhanced Non-Standard Flight clearance issued by
			the appropriate ATC unit; any acft approaching to, or departing from London City airport.
Pooley ©			Except with the written permission of the CAA a helicopter shall not fly over the specified
y (area of central London below such a height as would enable it, in the event of an engine
0			failure, to land clear of that area.
	R204 Long Lartin	.SFC-2200	The Restricted area only applies to helicopters. Flight permitted by any helicopter operated
			by or on behalf of a police force for any area of the UK. Contact as per R107.
	R212 Whitemoor		
	R214 Woodhill		
			Flight permitted for the purpose of landing/take-off from the helicopter landing area at
			Sizewell with the permission/conditions of the person in charge. Contact as per R107.
	R219 Sandringham House .		
			any acft operated by or on behalf of; National Police Air Service; Helicopter Emergency
			Medical Service; Maritime and Coastguard Agency; The Queen's Helicopter Flight; any acft with
			,
			acft landing in the grounds of Sandringham House at the invitation of the person in charge.
12	R220 Anmer Hall		
			any acft in the service of National Police Air Service; Helicopter Emergency Medical Service;
			Maritime and Coastguard Agency; The Queen's Helicopter Flight; any acft flying in accordance
	1		with permission issued by the Norfolk & Suffolk Constabulary Royalty and VIP Protection unit;
			any acft operated by a member of the Royal Family or landing in the grounds of Anmer Hall at
			the invitation of the person in charge.
			Contact CAA Airspace Regulation Operations Tel: 01293 983880.
			Flight permitted at not less than 1670ft amsl for the purpose of landing at Blackpool airport.
			Flight permitted in airspace lying south of a straight line drawn from N53 46.73 W002 44.90
			to N53 45.22 W002 50.73 for the purpose of landing at or taking-off from Warton AD.
			Flight permitted for the landing at or taking off from the helicopter landing area at
			Springfields, with the permission/conditions of the person in charge. Contact as per R311The Restricted area only applies to helicopters. Flight permitted by any helicopter operated
			by or on behalf of a police force for any area of the UK. Contact as per R311.
	R319 Manchester		
	R321 Wakefield		
	I IOZ I Wanelielu	.01 0-1000	
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Rob	Identification & Name	Limits FT ALT	Remarks
Robert Pooley			Flight permitted at a height of not less than 2000ft AGL whilst operating under and in
			accordance with a clearance from ATC at RAF Valley.
ole			Flight permitted for the landing at or taking off from the helicopter landing area at Wylfa, with
y ©			the permission/conditions of the person in charge. Contact as per R311.
			Flight permitted for the landing at or taking off from the helicopter landing area at Sellafield,with the permission/conditions of the person in charge. Contact as per R311.
	R431 Maghaberry		
	R432 Frankland/Durham	SFC-2200	As for R315.
			Flight permitted for the landing at or taking off from the helicopter landing area at Heysham,
	l .		with the permission/conditions of the person in charge. Contact as per R311.
			Microlight access to Middleton Sands obtained from BMAA head office.
			Flight permitted for the landing at or taking off from the helicopter landing area at Barrow in
			Furness, with the permission/conditions of the person in charge.
			Flight permitted for the landing at or taking off from the helicopter landing area at Hartlepool,
			with the permission/conditions of the person in charge. Flight at a height of not less than
13			
			The Restricted area only applies to helicopters. Flight permitted by any helicopter operatedby or on behalf of a police force for any area of the UK. Contact as per R311.
		SEC-2000	
	R516 Torness	SFC-2100	Flight permitted for the landing at or taking off from the helicopter landing area at Torness,
			with the permission/conditions of the person in charge. Contact as per R311.
	R603 Rosyth	SFC-2000	Flight permitted within the route notified as the Kelty Lane for the purpose of making an
			approach to land at or depart from Edinburgh Airport. Contact as per R311.
	R610A The Highlands	SFC-5000	
			authorisation given by Low Flying Ops Flight at RAF(U) Swanwick Tel: 01489 333100.
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	R610B The Highlands		
			As for R610A. Additionally, tactical clearance may be provided by Tain Range 122.750.
			As for R610A. Additionally, tactical clearance may be provided by Tain Range 122.750.
	H704 Balmoral	SFC-3500	Flight permitted by any aircraft operated by or on behalf of Police of Scotland; Scottish Air
			Ambulance Service; Maritine and Coastguard agency for SAR purposes; the Queen's
2025	DZOE Distrall	OFO 0500	Helicopter Flight and members of the Royal Family.
25	R705 Birkhall	5୮୦-3500	AS 101 n/u4.